

# Saint Jude Retreat House



## **Bi-Weekly Menu Lunch and Dinner Week One**

*Salad Bar, Fountain Drinks, and Snacks Available 24/7*

### **MONDAY**

**Lunch**-CAJUN SEASONED BAKED BONELESS CHICKEN BREAST/BATTERED HADDOCK/RED PASTA PRIMAVERA/GREEN BEANS/ROASTED POTATOES/HOME STYLE SOUP.

**Dinner**-BARBEQUED RIBLETS/TUNA NOODLE CASSEROLE/STEAMED BROCCOLI/VEGETABLE STUFFED MUSHROOMS/SCALLOPED POTATOES

### **TUESDAY**

**Lunch**-BEEF STROGANOFF/EGG NOODLES/CHICKEN TENDERS/SEASONED TOFU/CALIFORNIA BLEND VEGETABLES/HOME STYLE SOUP.

**Dinner**-GINGER AND CITRUS GLAZED PORK CHOPS/RICE PILAF/DILL BABY CARROTS/APPLE SAUCE/BAKED SOLE CREOLE/VEGETABLE EGG ROLLS.

### **WEDNESDAY**

**Lunch**-WARM WRAPS/FAJITA SEASONED CHOPPED STEAK/FAJITA SEASONED CHICKEN STRIPS/SAUTEED MUSHROOMS, ONIONS, AND PEPPERS/NACHO CHEESE/REFRIED BEANS/BUTTERED CORN/CURLY FRIES/HOME STYLE SOUP.

**Dinner**-SPAGHETTI/CHEESE STUFFED RIGATONE/HOMEMADE MARINARA SAUCE/ITALIAN SAUSAGES/GARLIC BREAD/ROASTED ZUCCHINI, SQUASH, AND MUSHROOMS.

### **THURSDAY**

**Lunch**-CHICKEN CURRY/PHILLY CHEESE SUBS/LONG GRAIN RICE/VEGETABLE STUFFED MUSHROOMS/HOMESTYLE SOUP/CAULIFLOWER.

**Dinner**-MEATLOAF/MASHED POTATOES/FISH FRY/VEGETABLE EGG ROLLS/CALIFORNIA BLEND VEGETABLES.

### **FRIDAY**

**Lunch**-GRILLED HAM AND CHEESE/B.L.T. WRAPS/TOMATO SOUP/ONION RINGS/SEASONED TOFU WITH ASIAN NOODLES/GREEN BEANS.

**Dinner**-MARINATED LONDON BROIL/BAKED POTATO/STEAMED MUSSELS SCAMPI STYLE/CREAMED VEGETABLE CASSEROLE/ASPARAGUS.

### **SATURDAY**

**Lunch**-HAMBURGERS/HOTDOGS/GARDEN BURGERS/BAKED BEANS/CORN AND PEAS/POTATO CHIPS/HOMESTYLE SOUP/MACARONI SALAD.

**Dinner**-MEAT LASAGNA/STEAMED BROCCOLI/CHICKEN CACCIATORIE/WILD RICE/VEGETABLE STUFFED MUSHROOMS.

### **SUNDAY**

**Brunch**-OMELETS MADE TO ORDER/PANCAKES/SAUSAGE PATTIES/SCRAMBLED EGGS/CORN BEEF HASH/HOMEFRIES/PASTRIES/GRITS.

**Dinner**-ROASTED TURKEY AT CARVING STATION/TURKEY GRAVY/MAPLE GLAZED HAM STEAKS/HERBED STUFFING/BABY CARROTS/CAULIFLOWER/ROASTED BABY REDSKIN POTATOES.

# Saint Jude Retreat House



## ***Bi-Weekly Menu Lunch and Dinner Week Two***

*Salad Bar, Fountain Drinks, and Snacks Available 24/7*

### **MONDAY**

**Lunch** GRILLED RUEBEN SANDWICHES/BATTERED FISH FRY/WHITE PASTA PRIMAVERA/HOMESTYLE SOUP/SQUASH AND ZUCCHINI/ONION RINGS.

**Dinner** COUNTRY FRIED STEAK/BAKED SALMON/VEGETABLE STUFFED MUSHROOMS/MUSHROOM GRAVY/MASHED POTATOES/CALIFORNIA BLEND VEGETABLES.

### **TUESDAY**

**Lunch**-SLOPPY JOES/VEGGIE BURGERS/B.L.T. WRAPS/HOMESTYLE SOUP/ROASTED POTATOES/BUTTERED CORN.

**Dinner**-CAJUN BAKED SOLE/RED BEANS AND RICE/BBQ CHICKEN/GREEN BEANS/VEGETABLE POTSTICKERS.

### **WEDNESDAY**

**Lunch**-TURKEY MELTS/SPINACH, MUSHROOM, AND CHEESE CASSEROLE/HOT DOGS/HOMESTYLE SOUP/BROCCOLI/CURLY FRIES.

**Dinner**-SPAGHETTI/CHEESE RAVIOLI/HOMEMADE MARINARA SAUCE/HOMEMADE MEATBALLS/GARLIC BREAD/ZUCCHINI, SQUASH, AND MUSHROOMS.

### **THURSDAY**

**Lunch**-NACHO PLATTER/HOMEMADE BEAN AND VEGETABLE BURRITO/CHICKEN TENDERS/ONION RINGS/HOMESTYLE SOUP/CAULIFLOWER.

**Dinner**-SOUTHERN FRIED CHICKEN WITH GRAVY/WARM BISCUITS/PEAS AND CARROTS/BEEF PUFF PIES/VEGETABLE EGG ROLLS.

### **FRIDAY**

**Lunch**-GRILLED HAM AND CHEESE/MACARONI AND CHEESE/GREEN BEANS/HOMESTYLE SOUP/BABY REDSKIN POTATOES/CHICKEN PATTIES.

**Dinner**-CHILI/WHITE RICE/STEAMED BROCCOLI/BAKED SALMON/PENNE PASTA WITH BASIL PESTO AND SUNDRIED TOMATOES.

### **SATURDAY**

**Lunch**-HAMBURGERS/KIELBASA/GARDEN BURGERS/BAKED BEANS/HOMESTYLE SOUP/POTATO CHIPS/MACARONI SALAD/PEAS AND CORN.

**Dinner**-TACOS/CALIFORNIA BLEND VEGETABLES/CRAB CAKES/EGG NOODLES TOSSED WITH HOLLANDAISE SAUCE.

### **SUNDAY**

**Brunch**-OMELETS MADE TO ORDER/FRENCH TOAST/BACON/SCRAMBLED EGGS/CORNERED BEEF HASH/HOME FRIES/PASTRIES/GRITS.

**Dinner**-ROAST BEEF/BEEF GRAVY/BAKED POTATOES/BUTTERED CORN/BABY CARROTS/GLAZED HAM.